

Community Heartbeat event later this month

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WANGARATTA'S Grit and Resilience Program is set to hold its sixth Heartbeat event for the local community at Boorhaman Golf Club later this month.



The Heartbeat events have formed the framework upon which the Grit and Resilience Program has developed, and coordinator Bek Nash-webster believes the upcoming March 23 event will be equally as important.

“We would love community members to join us for a bit of fun, to hear what’s planned for the program and to share with us their ideas for building social connection and supporting community mental health and wellbeing,” she said.

“The sixth Heartbeat will also be a time for reflecting on the program and identifying the learning we want to take forward as the program evolves into its next stage now that we have secured recurrent funding from the Victorian Government under the Social Inclusion Action Group Program.

“This is an opportunity for people to get involved in the Grit and Resilience Program, to connect and have fun.

“Heartbeat events have been a great opportunity to contribute to the shape of the program and this role will be even more important moving forward - we want and need to work closely with the community as we evolve.”

The event is set to run from 5.30pm to 7pm, with a barbecue dinner provided and a game of footgolf available.

To confirm your attendance, contact gritandresilience@wangaratta.vic.gov.au by March 20.