

Role Description

Friends of Grit and Resilience

ABOUT THE GRIT AND RESILIENCE PROGRAM

The Grit and Resilience Program (Social Inclusion Action Groups - SIAG), known as "The Program," is a new initiative funded by the Victorian State Government since July 2023.

It builds upon the success of the four-year Grit and Resilience program, which ran from July 2019 to June 2023, focusing on mental health and community wellbeing within the Rural City of Wangaratta.

ABOUT THE FRIENDS OF GRIT AND RESILIENCE ROLE

The Friends of Grit and Resilience is a volunteer tribe of people formed to support The Program and its Consortium in achieving its objectives. The Friends of Grit and Resilience will play a crucial role in promoting events, assisting with data collection, offering expertise and insights as needed, and supporting the Consortium in various capacities.

The Friends will work alongside the Consortium to build connections, support, and pathways for inclusion within the Wangaratta community.

GRIT AND RESILIENCE VALUES

The Grit and Resilience Programs values include:

- We are **community focused, led and designed**.
- We strive to ensure that our **activities are relevant** to the entire local government area.
- We recognise the **interdependence of wellbeing** across our community and that **social and environmental** determinates of health are critical.
- We will actively **work together**.
- We support and **facilitate inclusion and acceptance**.
- We will communicate with each other and all members of our community with **respect, honesty and in good faith**.

RESPONSIBILITIES OF THE FRIENDS OF GRIT AND RESILIENCE

As a member of the Friends of Grit and Resilience, you will be involved in various activities, including but not limited to:

Event Promotion:

Help promote The Program's events within the Wangaratta community through social media, word of mouth, and other suitable channels.

Encourage community participation in events and activities organised by The Program.

Data Collection Support:

Assist in collecting data for The Program's evaluation and improvement purposes, as required.

Help distribute surveys or collect feedback during events and activities.

Advisory Role:

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Offer your expertise and insights as needed to the Consortium to enhance the effectiveness of The Program.

Act as a "brains trust" for The Program by providing valuable input and ideas.

Meeting Involvement:

Attend Consortium meetings as needed to stay informed and provide input.

Participate in discussions and contribute to decision-making, when appropriate.

Other Supportive Tasks:

Assist with other tasks and activities as requested by The Program's Consortium.

REQUIREMENTS

Passion and commitment to supporting mental health and community wellbeing.

Willingness to volunteer time and effort for the betterment of the Wangaratta community.

Ability to communicate effectively and collaborate with others in a positive and respectful manner.

Availability to attend meetings and events as needed.

An understanding of the objectives and values of The Grit and Resilience Program.

BENEFITS

Be part of a meaningful initiative that positively impacts the community's mental health and wellbeing.

Gain valuable experience in promoting events and contributing to mental health initiatives.

Expand your network and connect with like-minded individuals and community partners.

Have opportunities to share your knowledge and expertise in a supportive environment.

TIME COMMITMENT

The time commitment for Friends of Grit and Resilience is flexible, and members can contribute as much time as they are comfortable with. Activities and involvement will vary depending on the needs of The Program and the availability of the Friends. There will be no formal meeting of "The Friends".

MORE INFORMATION

Please refer to the following sites for further information on the Grit and Resilience Program.

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Friends of Grit and Resilience

Website: wangeratta.vic.gov.au/Residents/Grit-Resilience/Get-Involved

Facebook: facebook.com/GritandResilienceProgram

Instagram: instagram.com/gritandresilienceprogram/



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