



# WASP Support Group

## for those Bereaved by Suicide

The Wangaratta Area Suicide Prevention (WASP) Support Group for those Bereaved by Suicide provides an opportunity for people to share their experience in a safe and supported environment free of stigma or judgement.

### Location

Wangaratta Library  
21 Docker St, Wangaratta

### Meeting dates

27 July  
24 August  
28 September  
26 October  
23 November

There are two groups to choose from.

### Teal Group

9:30am-11:00am

### Purple Group

7:00pm-8:30pm



When someone dies by suicide, the loved ones left behind often have to deal with an array of their own emotions. It can be difficult to discuss with people who have not had the same experience. Some people feel they are not able to share their feelings or story due to stigma or suicide being a taboo topic.

The support group is designed to provide a safe space for people to share their experience and will be confidential, understanding and respectful. Both groups are supported by ARCVic trained facilitators.

Anyone who is bereaved by suicide is welcome, registration is not required.

For more information contact 0448 993 602 or email  
[wangareasuicideprevention@gmail.com](mailto:wangareasuicideprevention@gmail.com)

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