## New faces on Grit and Resilience team

Wangaratta Chronicle · 28 Oct 2022 · By SIMONE KERWIN

TWO new community partners have been added to the Wangaratta Grit and Resilience Program consortium.



Ronan Holdsworth, who is known for his mural work around the district, and Richard Grogan, the newly-installed president of the Wangaratta Players, have taken on the recently-advertised positions.

They join Caz Sammon and John Davis, who have been community partner members of the consortium since September, 2020, and will be part of the program's efforts to build an inclusive, supportive and well-connected community.

Ronan said he put his hand up for the role as a way to give back to the community.

"In the four years I've been in Wangaratta, the kindness that's been shown to me has been wonderful, and I want to repay that," he said.

"I'd also like to find ways to change the lens of how we help some areas of the community, including our youth."

Richard said he was encouraged by Caz to join the consortium, and his new role fitted well with his study for a diploma in community services, with a focus on mental health support and

suicide prevention. Richard is also involved with the Wangaratta Area Suicide Prevention support group.

"This is about not only being involved in the community, but being able to assist in that area," he said.

"I look forward to helping guide the Grit and Resilience Program to meet the needs of the community."

Grit and Resilience Program coordinator Bek Nah-webster said she was thrilled with the new appointments.

"Both Ronan and Richard have been involved in activities supported by the program, and we are so pleased that they expressed an interest in becoming involved at the strategic level," she said.

"They will now help to guide the direction of the program, bringing with them new perspectives and knowledge."

The consortium also includes representation from eight organisations: Rural City of Wangaratta, Gateway Health, Northeast Health Wangaratta, Albury Wodonga

Aboriginal Health Service, Albury Wodonga Health, Victoria Police, headspace Wangaratta, and the newest member The Centre - Sport North East.

Currently funded to June 2023, the Grit and Resilience Program is taking a community-driven approach to better understand and address mental health and wellbeing across the Wangar-atta municipality.â€⁻

To find out more about the program, visit www.wangaratta.vic. gov.au/residents/grit-resilience.